

6 Basic Rules For Effective Parenting

Parent on a UNITED FRONT

- Always come united as parents in front of your children so they know you work as a team.
- Discuss parenting issues you may not agree on behind closed doors.

Communicate clear rules and boundaries

- Be consistent, specific and clear on your rules and boundaries, making sure your child understands what you are communicating.
- Recognize that your child will break some rules and at times make poor choices.
- Use poor choices as opportunities for life lessons.



Follow-through on consequences

- Be consistent with what you say.

Make family dinners a PRIORITY

- Have family dinners at least three times a week. This is a great time to instill family values, connect with your children, laugh and have fun.

Listen to what your heart is telling you

- Realize a parent's instinct is usually correct.

Show unconditional love

- Especially when your child disappoints you.



Parents can be the most influential voice in their child's life!